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# The Intuitive Connection

## Welcome to the Paranormal

What does an animal communicator, energy healer and sacred crystal worker have to do with the paranormal? I'm glad you asked. As a child, I had experiences happen to me that I couldn't explain. Some of them were positive, like with the animals. Some of them were negative, like with ghosts. When things got too scary, I did what anyone else would do. I put my fingers in my ears, shut my eyes, and turned it off. After all, seeing dead people can be a little intimidating and scary to anyone, especially to a child who doesn't understand what's going on.



As an adult, I was always fascinated with the paranormal. I loved watching all the ghost and haunted shows. I loved the idea of haunted locations, yet, I still really wanted no part in actually seeing or experiencing a ghost. In my early thirties, my fascination of the psychic compelled me to take a class called "Am I Psychic or Am I Crazy." This workshop was about learning what intuitive abilities you might have, and how to use them. It was a great class, and I learned a lot about myself that day. The workshop facilitator, Anne Angelheart, did an assessment and at the end of the day revealed the following: I was a clairvoyant (seeing), clairaudient (hearing), clairsentient (knowing), precognitive (knowing future before it happens) intuitive, an empath, an animal communicator, and a medium (communicating with those that have passed).

I remember sitting there, stunned, not knowing what to do with all the information she just gave me. I also remember her telling me the thing I was most fascinated with (the paranormal) was also the thing I was also most afraid of. I explained to her that while I was comfortable with exploring my abilities with animals, I was uncomfortable with dead people. It didn't matter to me whether they had a body or not, for me, they still had an agenda. Plus I didn't

want to invite something in that I couldn't get rid of. So I continued to pursue my interest in animal communication, and kept the paranormal side "closed."

Flash forward many years later as my abilities grew so did my confidence. I took more classes and learned that I was in control. Not only was I in control, but I could set up ground rules and the ghosts had to abide by them. Armed with my new found knowledge, of course I had an experience immediately following. My husband and sons were out of town, so I was "home alone." I had just turned out the lights and gotten into bed. My cat was lying next to my feet in his usual spot, and I started relaxing. I was in that state where you aren't quite awake and aren't quite asleep when something happened. I felt a cat begin walking on the bed, from my feet towards my head. My conscious mind "woke up" and I realized my living cat was still laying by my feet, yet I could still feel a cat walking next to me. I've had my deceased animals come visit me in the past, but this was the first time I was consciously aware of it. Needless to say I was excited.

I started asking "which kitty has come back to say hi." I received no response. Not thinking anything of it, I asked again "who's coming back to visit me," and the energy in the room suddenly changed. The movement on the bed stopped, but I was very much aware I was not in my room alone. I could feel another set of eyes on me, watching me, in a not-so-friendly way. I wanted to hide under the covers. Instead, armed with my new found knowledge I asked "who are you and what do you want?" I received no response. Talk about silence being deafening. I'm not going to lie, I was scared. It took all of my courage, but I was determined to confront it this time. I asked again "who are you and what do you want?" Again I received no response, only the same feeling that I was being watched. That was it, I said "guides and angels, get this thing the h\_\_\_ out of my house!" Immediately, the room felt lighter and whatever (or whoever) had been watching me left. This experience only bolstered my confidence, and now I wanted to learn more.

With more classes, and more years of experience, I'm now comfortable in saying "I speak to dead people." Although my passion remains with animal communication, when a message needs to come through, the dead find a way (like sneaking into my animal communication sessions), and it is my responsibility to deliver it. It is also my responsibility to assist the dead if they need help in crossing over.



## Upcoming Events

### New Earth Expo

Crowne Plaza  
5321 Date Ave  
Sacramento, CA  
Saturday, March 12  
10:00-6:00

### Healing Arts Festival

Scottish Rite Masonic Center  
6151 H St  
Sacramento, CA  
Saturday, April 2  
10:00-6:00  
Sunday, April 3  
10:00-5:00

### Reno Psychic Fair

Reno-Sparks Convention Center  
4590 South Virginia St  
Reno, NV  
Saturday, March 19  
9:30-6:00  
Sunday, March 20  
9:30-5:00

### Nevada City Psychic Fair

Miner's Foundry Cultural Ctr  
325 Spring St  
Nevada City, CA  
Saturday, April 9, 11:00-6:00  
Sunday, April 10, 11:00-5:00



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Services offered:

Animal Communication

Energy Healing

Custom Stone/Crystal Healing Jewelry

Educational Workshops

For your convenience, services can be scheduled in person or remotely.