



# The Intuitive Connection

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## Featured Crystal: Selenite



If I could recommend one stone to keep in your arsenal, it would be Selenite. Why? Because it has the ability to absorb negativity and keep you and your space calm!

Also known as satin spar, desert rose, or gypsum flower, selenite is composed of four crystal structures of gypsum. It is most often found in the transparent white form (pictured above), but can also be found in gray, orange, pink, yellow, brown, beige, green, or pale red. The name comes from the Greek word “*selenites*” which means “the moon.” Some of the largest crystals ever found in history are selenite. The largest was located in the Naica Mine’s Cave in Mexico (see picture to the right). The yellow arrow indicates a person standing next to the selenite columns for reference). It measured over 39 feet long and weighed 55 tons.

Selenite is a very soft mineral and can be easily scratched. So if your selenite is in a polished form, take care, as even a fingernail could possibly damage your crystal. It is found all over the world. Some of the countries where selenite is mined includes the United States, Mexico, Russia, Austria, Greece, Poland, Germany, France and England.



Naica Mine

Historically, selenite has been used for a variety of ornamental sculptures because it can be easily shaped. It has also been used as window glass.

Selenite is a MUST have due to its many metaphysical assets. According to “The Crystal Bible” by Judy Hall, it contains the following healing properties:

*“Translucent Selenite has a very fine vibration and brings clarity of mind, opening the crown and higher crown chakras and accessing angelic consciousness and higher guidance. Pure Selenite is a link to the light body, helping to anchor it in the earth vibration.”*

*Selenite is a calm stone that instills deep peace and is excellent for meditation or spiritual work. Telepathy is enhanced by each person holding a piece of pure-vibration Selenite. The purest translucent white Selenite has an ethereal quality and is said to inhabit the place between light and matter. An ancient stone, it is nevertheless one of the most powerful crystals for the new vibration on earth.*

*Selenite can be used to form a protective grid around a house, creating a safe and quiet space that does not allow outside influences in – use internally in the corners of the house. A large piece of Selenite placed in the house ensures a peaceful atmosphere. Selenite wands can be used to detach entities from the aura or for preventing anything external from influencing the mind.*

*Carrying the imprint of all that has happened in the world, Selenite reaches other lives and is very useful for checking on progress made and for accessing the plan for the present life from the between-lives state. It pinpoints lessons and issues that are still being worked upon, and shows how they can best be resolved. It can be used for scrying, to see the future or to ascertain what has*

happened in the past.

Psychologically, Selenite assists judgment and insight. Mentally, it clears confusion and aids in seeing the deeper picture. It brings about a conscious understanding of what has been occurring at the subconscious level. This is a powerful disperser and stabilizer for erratic emotions.

### **Healing**

Selenite aligns the spinal column and promotes flexibility. It guards against epileptic seizures. This stone neutralizes mercury poisoning from dental amalgam and reverses the effects of "free radicals." Its finest healing occurs at the energetic levels.

### **Position**

Hold, or place in or around house (Note: Selenite dissolves when wet).

If you'd like to add a little Selenite into your life, the 4 pendants are available on my Trinity Healing [website store](#) or simply click on the picture to be taken directly into the item's page in the store. I also have loose and decorative pieces of selenite available to add to your home, office or wherever you need a little cleansing/protection. These items are not displayed on my website, but if you are interested in purchasing one, simply contact me at [contact@trinityhealingconnection.com](mailto:contact@trinityhealingconnection.com) and let me know what you'd like. The palm stones can also be converted into a pendant if you prefer to wear them.



Pendant 1



Pendant 2



Pendant 3



Pendant 4



Palm Stones \$5



Iceball candleholder \$15



Twisted candleholder \$15



Heart candleholder \$15



4" Towers \$10



2" Towers \$6



Sphere w/stand \$10



Egg w/stand \$13



Loose pieces  
Small \$1.50  
Large \$3.00

## **Upcoming Events**

### **Mile High Mystics Spiritual & Healing Arts Event**

Hassayampa Inn  
122 E Gurley St  
Prescott, AZ  
May 2nd  
9:30-4:30



***Trinity Healing***

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**Services offered:**  
**Animal Communication**  
**Energy Healing**  
**Sacred Healing Crystal Jewelry**  
**Essential Oils**  
**Educational Workshops**

*For your convenience, services can be scheduled  
in person or remotely*

#### **Referrals**

Needing a service I don't provide? I recommend the following:

**Anne Angelheart**  
Transformational Coach, Channeler, Author & Speaker  
Website: [www.anneangelheart.com](http://www.anneangelheart.com)  
Email: [info@anneangelheart.com](mailto:info@anneangelheart.com)  
530-755-4767

**Kris Tondee**  
Psychic Reader  
Website: [readingsbykristondee.com](http://readingsbykristondee.com)  
916-605-9091