



# The Intuitive Connection

## Inside this issue:

Upcoming Events

2

## Why Me?

I found myself asking that question recently. Why me? What did I do to deserve this? Am I being punished? I guess I should explain. My husband and I recently retired from our county jobs, sold our house in California, and bought a beautiful house in Arizona. We had it all planned, and were both really looking forward to starting over. And that's where the "plan" fell apart, courtesy of Unified Van Lines.

Once we got past all the inspections and negotiations on our old house, we had 7 days to pack up, move out, and clean up. We had planned on using PODS to move our stuff, but found out that they didn't deliver in our area. So, under pressure, we hired Unified Van Lines moving company. They made lots of promises, including guaranteed pick up and delivery. The only promise they kept was the actual pick up. Everything else, from the price, to the delivery was all a lie. After living in our new home for 3 weeks without furniture, the trucks finally arrived. More than 90% of our furniture and boxes were damaged. And of the two full trucks that drove away from my old house, only 1 full truck and a second truck which was only 40% full actually arrived. To this date, we are still waiting for the rest of our items to be delivered. I can only imagine the condition they will be in when they arrive.

So began the "why me?" I kept looking for answers to explain why. I still don't have the answers, but a few good friends gave me some perspective that I'd like to share with you. Since I had done a literal "out with the old and in with the new," from the leaving the old job and house to a new one, the energy my items carried were no longer compatible with the new energy at my new house. This was the universe's way of helping me to "let go of the old." Consider it a spring cleaning of sorts. I actually heard this message more than once, so if I keep hearing the same message, there is usually some truth to it.

The second profound explanation is that it had nothing to do with me at all. Wait, what? The issue was about the moving company, not about me and what I may or may not have done in this or a past life. They need to be held accountable for their actions, so they can't continue to hurt others, like they hurt me and my family. I just happen to be the person strong enough to take on this challenge. WOW!

Usually when there is truth in something, it hits you so hard in your core that you can't dispute it. For me, both of these perspectives are true. So if you find yourself going through a tough time, maybe ask someone else for guidance and wisdom. When we are so caught up in the moment, we can't see the truth. I needed an outsider's perspective to help me see and understand the "why" behind what I was going through.

As hard as it is to stay positive, that truly is the best advice I can give you. Allow yourself to feel all the emotions so you don't hold it inside you. Then, try and pick yourself up, dust yourself off, and find your purpose. During this process, I lost sight of why I left my 9-5 job, and stopped focusing on my purpose, to help heal animals and their people. So I started finding something to focus on each day to help bring me back to my purpose. I'm not perfect, I still get sidetracked and angry, especially when I have to call the moving company and be lied to yet again. But I can't and I won't allow myself to live in that space any longer. I believe in karma, and I believe that what they are putting out, they will get back. For those still facing their own challenges, I wish you love, light and most of all peace on your journey.

## Upcoming Events

### **Healing Arts Festival**

Scottish Rite Masonic Center

6151 H Street

Sacramento, CA

April 7th & 8th

10:00—6:00

10:00—5:00



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